

<b>Sat. May 18</b>		
<b>EVENT</b>	<b>TIME</b>	<b>LOCATION</b>
Breakfast	7:30 AM	Cafeteria
<i>Training: Important Elements of Team Kata, Team Bunkai, and Team Enbu</i>	9:00 - 10:00 am	Gymnasium
Instructor: Shuseki Shihan Frank Woon-A-Tai		
<i>Training: Important Elements of Individual Kata, Jiyu-ippou Kumite, and Shobu Ippou Kumite</i>	10:00 - 11:00 am	Gymnasium
Instructor: Shihan Marcel Lussier		
Group Pictures	11:00 AM	Gymnasium
Lunch	11:30 - 12:30 pm	Gymnasium
Opening Ceremonies	1:00 PM	Gymnasium
Team Kata	1:30 - 2:00 pm	Gymnasium
Individual Kata	2:00 - 4:00 pm	Gymnasium
Supper	5:00 - 6:00 pm	Cafeteria
Free Time	6:00 pm -----	
<b>Sunday, May 19</b>		
<b>EVENT</b>	<b>TIME</b>	<b>LOCATION</b>
Breakfast	7:30 AM	Cafeteria
Team Bunkai & Team Enbu	9:00 - 10:00 am	Gymnasium
Individual Kumite 11 & under	10:00 - 11:30 am	Gymnasium
Individual Kumite 12 to 14 Years	10:00 - 11:30 am	Gymnasium
Individual Kumite 15 to 17 Years	10:00 - 11:30 am	Gymnasium
Lunch	11:30 - 12:30 pm	Gymnasium
Individual Kumite - Adults	12:30 - 4:00 pm	Gymnasium
Team Kumite - Adults	12:30 - 4:00 pm	Gymnasium
<b>Awards Presentation</b>	4:00 PM	Gymnasium
Supper	5:00 - 6:00 pm	Cafeteria
Celebration Party - Open to all ages	8:00 PM	Louis' Pub